

MAY 29TH – JUNE 1ST, 2025
STAVANGER, NORWAY

Schedule



DAY 1

THURSDAY MAY 29

OPEN CLASSES AT JIVAMUKTI YOGA STAVANGER STUDIO

*PRE-REGISTRATION VIA OPEN APP REQUIRED

08:30 – 09:45	Maria Macedo and Karina Eline Kibsgaard (Parvati room)
09:00 – 10:15	Conor Byrnes (Hanuman room)
10:00 – 11:15	Karina Gusalova and Margrethe Stokka-Aas (Parvati room)
10:30 – 11:45	Camilla Veen and Julie Victoria Tengesdal (Hanuman room)
11:30 – 12:45	Rebeca Recatero and Hilde Gullhaug Hennes (Parvati room)
12:00 – 13:15	Martyna Febre and Gianni Sarracino (Hanuman room)
13:00 – 14:15	Mayela Glez (Parvati room)
13:30 – 14:45	Tone Haugland (Hanuman room)
14:30 – 15:45	Alexandra Colombo (Parvati room)
15:00 – 16:15	Claudia Schettini and Nathalie Wahlberg (Hanuman room)

TRIBE OPENING CLASS AT FISKEPIREN EVENT LOCATION:

17:00 - 19:00 Sharon Padma Gannon, Camilla Kamala Veen, Emma Divya Henry, Moritz Ulrich, Petros Narayandas Haffenrichter, Ruth Lauer-Manenti

JY STAVANGER STUDIO: AVALDSNESGATA 95B, AND EVENT LOCATION: FISKEPIREN 1, 4013 STAVANGER

DAY 2

LOCATION: FISKEPIREN 1, 4013 STAVANGER

FRIDAY MAY 30

08:30 – 09:00	PRANAYAMA AND MEDITATION	Petros Narayandas Haffenrichter
09:15 – 10:00	LECTURE	Ruth Lauer-Manenti
10:00 – 10:30	BREAK	
10:30 – 12:30	ASANA PRACTICE	Sharon Padma Gannon, Camilla Kamala Veen, Martyna Dharmina Febre. Live Electronica music set by John Derek Bishop
12:30 – 14:00	LUNCH BREAK**	
14:00 – 15:15	YOGA PHILOSOPHY, SANSKRIT	Manorama
15:30 – 17:00	WORKSHOP - Inversion Immersion	Karina Gusalova and Conor Byrnes
17:15 – 18:30	RESTORE AND RENEW	Moritz Ulrich and Tone Haugland
18:30 – 19:30	DINNER BREAK**	
19:30 – 21:30	SATSANG	Sharon Padma Gannon

DAY 3
SATURDAY MAY 31

LOCATION: FISKEPIREN 1, 4013 STAVANGER

08:30 – 09:00	PRANAYAMA AND MEDITATION	Rebeca Recatero
09:00 – 09:30	LECTURE	Niklas Noack
09:30 – 10:00	BREAK	
10:00 – 11:45	ASANA CLASS	Emma Divya Henry and Ruth Lauer-Manenti
12:00 – 13:00	ANIMAL RIGHTS DISCUSSION "I SEE YOU AS A PIG"	Sharon Padma Gannon and Jamie Logan
13:00 – 14:30	LUNCH BREAK**	
14:30 – 16:00	YOGA PHILOSOPHY, SANSKRIT	Manorama
17:15 – 19:30	BHAJAN BOAT TRIP <u>*Pre-register on OPEN app to attend</u>	Moritz Ulrich, Maria Macedo, Petros Narayandas Haffenrichter, Martyna Dharmina Febre
17:00 – 19:00	EXTENDED OPEN CLASS (at Jivamukti Yoga Stavanger)	Tone Haugland
19:30 – 20:30	DINNER BREAK	
20:30 – 23:00	CONCERT	Sam Garrett and band

DAY 4
SUNDAY JUNE 1

LOCATION: FISKEPIREN 1, 4013 STAVANGER

09:00 – 10:00	PRANAYAMA AND MEDITATION	Ruth Lauer-Manenti
10:00 – 11:30	ASANA CLASS	Alexandra Colombo, Maria Macedo Mayela Glez, Rebeca Recatero Tone Haugland
11:30 – 12:00	SOUND BATH SHAVASANA	Niklas Noack
12:00 – 12:45	CLOSING CEREMONY	Sharon Padma Gannon, Manorama, Camilla Kamala Veen, Emma Divya Henry, Moritz Ulrich, Petros Narayandas Haffenrichter, Ruth Lauer-Manenti
13:00 – 14:00	LUNCH BREAK**	

**Vegan Cafe and Bistro available directly on-site

